Course Description: Examination of the physical, cognitive, social, and emotional development of adolescents in the contexts of family, peers, school, work, and culture. Emphasis on the search for identity, sexuality, autonomy, and interpersonal relations. Observation and participation with adolescents.

Instructor: Dr. Cheryl L. Lee, 504C Reich College of Education  
email: leec1@appstate.edu  
Phone: 262-2634  
Office Hours: Monday: 10:00-11:00; 1:00-2:00  
Wednesday: 10:00-11:00; 12:00-1:30

*Bring to each class as will frequently be needed in class

Course Objectives: Students will:  
1. Explore the historical and societal definition of adolescence in the United States.  
2. Identify past and current theories of adolescence and explain their implications for education, counseling, and supervision of adolescents.  
3. Explain the developmental processes of adolescence including biological, cognitive, social, identity, autonomy, intimacy, sexuality, and educational development  
4. Explain adolescent development in selected social environments including the family, peers, and school  
5. Analyze the characteristics, contexts, and symptoms of adolescent stress and psychosocial problems for which adolescents are at risk (e.g., substance abuse, pregnancy, suicide, delinquency, eating disorders, etc.).  
6. Participate in service learning that will allow application of course concepts while working with community organizations and agencies that serve adolescents.

Style/Mode of Teaching: Lecture, discussion, case analyses, group work, and direct observation of and participation with adolescents

Course Outline:  
1. Overview – The study of adolescent development  
2. Basic changes of adolescence  
   a. Biological transitions  
   b. Cognitive transitions  
   c. Social transitions  
3. Contexts of adolescence  
   a. Families  
   b. Peer groups  
   c. Schools
4. Psychosocial development during adolescence
   a. Identity
   b. Autonomy
   c. Intimacy
   d. Sexuality
   e. Achievement

5. Psychosocial problems in adolescence
   a. Substance abuse
   b. Externalizing problems
   c. Internalizing problems

**Major Assignments:**

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
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<tbody>
<tr>
<td>4 exams (4 @ 100 points each)</td>
<td>400</td>
</tr>
<tr>
<td>Service Learning Project</td>
<td>150</td>
</tr>
<tr>
<td>Service learning (20 hours @ 5 points per hour)</td>
<td>100</td>
</tr>
<tr>
<td>Powerpoint presentation</td>
<td>50</td>
</tr>
<tr>
<td>Activities/Assignments</td>
<td>100</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>650</strong></td>
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**Grading Procedures:** Criteria for the completion and evaluation of the service learning project will be given in advance and is due on the date listed in the syllabus. **Late projects (those not turned in at the time when they are collected) will be penalized 20% for each day late; those over one week late will not be accepted (they are worth zero points at this time).**

There will be no make-ups for missed exams. In-class activities (those that are evaluated) and assignments which are reported in class will be evaluated and credited only if the student is present in class at that time. There will be no make-ups for missed in-class activities or assignments to be reported on in class. Points are cumulative and translate to the scale below:

- A = 93-100% or 558-600 points
- A- = 90-92% or 540-557
- B+=87-89% or 522-539
- B = 83-86% or 498-521
- B- =80-82% or 480-497
- C+=77-79% or 462-479
- C = 73-76% or 438-461
- C- =70-72% or 420-437
- D+=67-69% or 402-419
- D = 63-66% or 378-401
- D- = 60-62% or 360-377
- F = Below 60% or 359 and below

**Student Responsibilities:**

1. Students are expected to attend each session for the **entire** class period. Roll will be taken each class period. If absent, students are responsible for any missed information and should obtain that from another student in the class.

2. Professional behavior is expected during all classes. Please bring no food to class; beverages are fine.
3. Students must come to class **having read the assigned material.** This course is built on discussion, and students will be involved in the learning process through active class participation. Students are expected to contribute to a collegiate atmosphere by offering their own ideas and encourage ideas of others on topics relevant to the course material.

4. Cell phones should be turned off or placed on “silent” mode during class. Please do not facebook, text, or email during class; laptops should be used only for class work.

**UNIVERSITY POLICIES:** Refer to the link below for information regarding university policies which are applicable to this class (Academic Integrity Code, Disability Services, Attendance, and Student Engagement with Courses).

http://academicaffairs.appstate.edu/syllabi